**PSY 110: Introduction to Psychology**

**Dual Credit: Richwoods High School/Illinois Central College**

**Syllabus**

**Spring 2020**

**Instructor: Dr. Kara L. Lycke**

RHS Room 603

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**Prerequisite**: ACCUPLACER Reading score of 90 or higher, or ENG 095 C or higher.

**Course Description**: Psychology is the scientific study of behavior and mental processes. The student will be introduced to fundamentals of physiological psychology, sensation and perception, learning, motivation, and psychological disorders and their treatment. The role of research and the scientific method are emphasized throughout the course.

**Contact Hours**: Three lecture hours per week.

# Credit: 3 semester hours of Early College Credit and ½ Unit High School Social Studies Credit

**Course-Level Outcomes**

1. Explain psychology as a science.
2. Critically analyze scientific research regarding human behavior.
3. Describe a basic understanding of theories of learning, memory, motivation, emotion, personality, disorders and treatment.
4. Describe the biological bases of behavior.
5. Apply basic psychological principles to everyday life.

**Required Materials**

* Textbook: Ciccarelli and White. *Psychology*, 5th edition (2017). **You are responsible for getting this textbook. You will need it by the start of the second week of class.**
* Audiovisual aids (available on the website)
* Readings and handouts distributed in class
* PSD150 Outlook account (instructions for access are available on the website)

**Course Expectations and Policies**

This is a **college course**, so you will be held to college-level behavioral and academic expectations. As a member of this class, you are an ICC student. District 150 grading policies do not apply to college courses (e.g., no 40% in place of a zero, no 50% on assignments you “tried”). This is NOT a course simply used to fulfill a high school elective, but it is part of your college education. It is very important that you understand the benefits and challenges of this type of course. Students planning on contracting “senioritis,” those who miss school frequently, and those who habitually come to class unprepared without completed work and/or required materials should recognize these traits in themselves. You will need to decide to shift sharply away from that way of being or enroll in a different course. Your final grade will appear on your ICC transcript which will be considered by other colleges for admission, course placement, and credit. The stakes, as well as the payoff, are significant and should be clear to you before you delve into the course.

**Attendance & Punctuality**

**You are expected to attend every class session and complete all activities and assignments.** We will spend our time in class productively and learn together as a classroom community. If you miss class, please be aware that you may not be able to make up in-class assignments or activities.

If you must miss or be late, be sure the people that are expecting you (e.g., me, your peers in a group project, etc.) are aware of the disruption. Notify me in an email well in advance if you have unavoidable conflicts related to class. If for any reason you miss class, you are responsible for that day’s work. If at all possible, plan your absence ahead of time so you can act accordingly. Otherwise, you may not be able to make up work from that class meeting. This includes quizzes, presentations, and other formal assignments.

Assignments will have specific due dates and requirements for the methods of completion and submission. Be sure you are aware of these so that your work is complete and in the correct format. Assignments turned in late without my prior permission will be penalized 10% per day. This means that each day an assignment is late, your submission will be penalized one full letter grade. **Assignments more than 5 days late will not be accepted**.

**Academic Integrity**

Academic integrity is expected in all classroom endeavors and in all academic work. A student’s placement of his or her name on any academic exercise shall be regarded as assurance that the work is the result of the student’s own thought, effort, and study. You will be expected to apply **APA** style of citation and documentation when referring to sources in assignments.

**Plagiarism** is the unacknowledged appropriation of another's work, words, or ideas in any written, oral, or electronic format. Submitting the same assignment for more than one course is considered a breach of academic integrity unless prior approval is given by all affected instructors.

**Students who plagiarize will fail the assignment and risk failing the course.**

**Assignment Format**

All formal written assignments must be typed, double-spaced, in a standard 12-point font (Calibri, Times New Roman), and use 1” margins in accordance with APA format. Notes and work completed **in class** may be handwritten neatly in ink. If I can’t read it, I can’t grade it.

Be sure that every assignment you submit includes a **4-part heading** (your name, the course and hour, the instructor’s name, and the date.)

Assignments may be turned in electronically. Be sure you understand the required format and method of submission.

**Electronic Communication**

* Cell phone are useful tools for our lives both in and out of academics. However, there are appropriate times and places for their use. Unrestrained use of cell phones will not be tolerated during class time. At the beginning of class, I expect that your phone will be put away out of sight. If you have yur phone out without consent from me during class, I will collect it from you and store it in a safe place during class. If you need more than one reminder of this policy, disciplinary action will be taken.
* **District 150 provides Microsoft Office 365 free** of charge for all students. This package includes Outlook for email. All email communication for class must be through Outlook. **Emails sent through other providers (@gmail, @comcast, @att, etc.) will not be read or responded to**. Using the institutional platform is a regular practice in most academic and work-place environments, so following it now will help prepare you for life beyond high school.
* You will also have an **ICC email** address because this is a dual credit course. Sign in to your ICC email account regularly so you don’t miss important communications.
* When sending **emails**, use professional academic conventions.
  + Use a clear, specific subject.
  + Address the email recipient as you would in a formal written letter. Use titles like Mr., Ms., or Dr., unless directed otherwise. Start with “Dear \_\_\_,” or “Hello \_\_\_\_,”.
  + In the body of the email, use succinct language and avoid spelling errors.
  + Use a closing (Sincerely, Thank you) followed by your first and last name.
* **Microsoft Office 365** includes Word, PowerPoint, Teams, OneDrive, and other useful tools. In a continuing effort to reduce paper use and be organized, we will be using them regularly. **Google Docs and Google Slides will not be used** for class assignments since they do not function properly within the district platform. If you draft assignments using Google tools or other platforms, you will need to convert them before submission.
* Course materials and activities are posted on my website **(karalycke.weebly.com).** Please bookmark this site on your laptop, phone and other devices you use regularly.

# Course Grading and Assignments

A tentative grading structure for the class is provided below. Brief descriptions of assignments are also provided, and further details will be provided in class. Each assignment has a specific due date and must be submitted correctly by that time. Adjustments to assignments may be made as each class is unique in its pace and path. Assignments may be added or omitted as deemed necessary by the instructor. You will be notified in a timely way should any such change occur.

**Grading**

Grading Scale

A = 90-100%

B = 80-89%

C = 70-79%

D = 60-69%

F = 59 and below

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| --- | --- |
| **Assignment Type** | **Grade %** |
| Class activities and discussions | 10% |
| Quizzes, projects | 35% |
| Chapter Exams | 35% |
| Final Exam | 20% |
| **Total** | **100%** |

**Class Activities and Discussions (10%)**

You are expected to fully participate in class activities and discussions at each class meeting. Some class assignments will be collected or given as homework and graded. Discussions will be conducted in a variety of ways. Your participation will enrich the class and engage you in the topics of the course. If you are absent you may not be able to make up the work you missed as it will be relevant to the discussion or activity for the day.

**Quizzes and Projects (35%)**

Quizzes will be given occasionally to check your understanding of basic concepts and to ensure that you are keeping up with the reading. They may be unannounced. You may use hand-written or your typed, printed notes that you have taken during reading on the quizzes. No computers or phones will be allowed during quizzes. The quizzes will also help you prepare for unit exams.

Projects will be assigned to help you apply and explore the material of the course. You will be required to work with a small group on occasion.

**Chapter Exams (35%) and Comprehensive Final Exam (20%)**

Exam dates are listed on the Course Calendar. Exams will assess your understanding of course concepts highlighted in class, reading assignments, and additional assignments. Make-up exams will be allowed only if you inform me prior to your absence. Exam questions require you to apply the concepts learned in each unit, so it will not be sufficient to simply read the textbook once and memorize terms and definitions. Make sure you understand the concepts well and complete all class activities, participate fully in discussions, and stay on top of readings. Additional materials will be posted on my website to help you learn the material in more depth. These will include slide presentations and short videos.

**How to Be Successful**

**Attend class:** Attendance is necessary for success in any class. If you miss a class, talk with classmates about what you missed, check the website for activities and handouts, then, see me if you have questions. If you absolutely must be absent, let me know in advance if at all possible. Consistent absence can result in an administrative withdrawal from the course.

**Participate**: Participating in class activities, lectures, and discussions will enhance your understanding of the material. I can design opportunities for learning but ultimately, I cannot learn for you. Engage, ask questions, share your perspective, take notes, compare concepts to your experiences, and seek out additional information. There is much we can learn from each other through thoughtful and respectful collaboration.

**Cultivate self-discipline**: Prosocial behavior is, of course, expected of all students during class.Listen when others are speaking. Treat others with respect.Be honest.Disruptive behavior, working on assignments for other classes, texting, talking, and sleeping all hinder your and your classmates’ ability to learn. Repeated engagement in these activities will result in disciplinary action.

**Read:** In addition to attending class and participating in lecture/activities/discussion, you will need to read your textbook and other texts provide to gain the most from this class. Our first week of class will be devoted to learning and studying techniques so you can take useful notes and gain a better understanding of psychology.

**Take notes:** You will be allowed to use your notes (hand-written or typed and printed—by you) to exams so take good notes in class and while you read your textbook and other texts for class.

**Ask questions:** If you don’t understand the course material or how to complete an assignment, ask questions. Try to articulate your questions to yourself, ask your peers, and review the website—then ask me for help (3, then me).

**Final Notes**

**You are responsible for all the information in this syllabus.** Please read it carefully and refer to it often. If you ask me a question that is answered in the syllabus, I will refer you to this document. **If you fail to meet a course requirement listed in the syllabus, you will accept the consequences outlined in the syllabus.** Enrollment in this course implies your consent to these stipulations. I reserve the right to amend any portion of this syllabus and the course calendar at any time throughout the semester.