**Attachment Theory Questions—Developmental Psychology Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Read the article by Kendra Cherry and answer the following questions.

1. Define attachment theory: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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1. John Bowlby, the first well-known attachment theorist, developed some ideas related to separation anxiety and the effects of the earliest bonds between children and their caregivers.

Summarize them here: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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1. How are Bowlby’s ideas about attachment different from earlier behaviorist theorists’ ideas?

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1. How does an infant develop an attachment to a caregiver? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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1. How can you connect Bowlby’s ideas to Erikson’s theory of psychosocial development?

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1. How did Mary Ainsworth’s research form the 1970’s extend Bowlby’s theories? ­­­­­­­­­­­­­­­­­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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1. What did Harlow’s research add to attachment theory? ­­­­­­­­­­­­­­­­­­­­­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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1. Summarize Schaffer and Emerson’s research and its impact on attachment theory.

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1. Paraphrase (use your own words to describe)) the 2 main factors that influence attachment.

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1. What caregivers’ behavior can cause each of the 4 different patterns of attachment? Complete the table below.

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| **Pattern of Attachment** | **Caregiver Behavior** |
| Secure Attachment |  |
| Ambivalent Attachment |  |
| Avoidant Attachment |  |
| Disorganized Attachment |  |

1. How can a person’s early attachment experiences affect their adult relationships—both negatively and positively?

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